



# MAKE THE SPORTS MEDICINE CENTER FOR YOUNG ATHLETES YOUR OWN GYM

**Our program allows young athletes to pursue their athletic goals in a safe, supervised atmosphere. We work with each athlete to develop an individualized gym program that enables the athlete to feel confident and independent.**



## RATES

- \$25.00 per month
- Initial \$150.00 program set up fee which includes a functional assessment with a licensed physical therapist (PT) or certified athletic trainer (ATC).

*The \$150.00 fee is waived for current/former Sports Medicine patients.*

## DISCOUNTS

- 10% discount if paid 3 months in advance
- 15% discount if paid 6 months in advance
- 20% discount if paid 1 year in advance
- 15% off initial assessment for siblings

## BENEFITS

- Attend core class for FREE
- 15% off sport performance classes
- Strength gains after 4-6 weeks

Please contact our front office manager, Carol Herndon with any questions at  
925-988-0100  
[www.sportsmedicineforkids.com](http://www.sportsmedicineforkids.com)